**2018 Rules for Boys Youth Lacrosse:** The National Federation of State High School Associations (NFHS) 2018 Boys Lacrosse Rules Book shall govern MAYLA Lacrosse boys youth play, except as amended below.

**Format of the following Section:** All divisions will follow NFHS Boys Lacrosse Rules with the following modifications:

|  |  |  |
| --- | --- | --- |
| ***Rules*** | ***U9 (2&3 Grade)*** | ***Notes*** |
| ***Field Size*** | 60 x 35 | Wing Lines are optional |
| ***Official*** | 1 Official | Adult Preferred |
| ***Coaches*** | One coach from each team is allowed on the field (not permitted beyond 10 yards into the field)Max of 3 additional coaches on the sideline |
| ***Legal Sticks*** | 37” to 42” | NA |
| ***Goalie Arm Pads*** | Required | NA |
| ***Goalie*** | Goalie cannot leave the crease to double team the ball carrierThe goalie can leave the crease to contest a pass or chase a shotThe goalie is allowed to clear the ball like a field player, but is NOT allowed to shoot or score a goal\*\*\*\*It is illegal procedure if the goalie violates any of these rules\*\*\*\* |
| ***Overtime Rules*** | Game ends in tie | NA |
| ***Timing Rules*** | 10 Minute Running Quarters | Clock stops @ 5 Minutes for Subs \*\*See Below\*\* |
| \*\*The official will let the play continue if team with possession is hot (1 Rule Pass)\*\* |
| \*\*If the ball is loose the play continues until once team gains position, then the play will be stopped |
| ***2 Pass Rule*** | U9 Games, required two complete passes in the offensive Half of the field* If Player A1 makes a pass, the pass hits the ground, Player A2 drops the pass and picks it up prior to any other player touching the ball - the play is STILL HOT
* The shot count is reset only when the defense gains possession of the ball, a goal is scored or the goalie defends a shot (See below for clarification)
 |
| ***1-Handed Checks*** | Slash | NA |
| ***Counts (10 & 20 sec)*** | No | NA |
| ***Keep it in*** | No | No |
| ***Stalling*** | Advance the ball / 5-second count | NA |
| ***Time-outs*** | 1, per half | Clock Stops (60 Second Timeouts) |
| ***Body Checking*** | No | NA |
| **Mercy *Rule*** | Yes, 6 Goals | Losing Coach Option |
| ***Goalie Penalties*** | Yes | The in-house player can serve time for a goalie penalty |
| ***Fouling out*** | 3 personal fouls OR5 min of penalty time | NA |

*Officials will meet with both coaches 10 minutes prior to contest for the coaches’ certification & to confirm rules*

**US Lacrosse Youth Rules Video for 2018:** <http://www.uslacrosse.org/rules/boys-rules>

**Other Information:**

* Sportsmanship: The Officials and/or the Head Coach will make sure to work with sideline manager (or head coach) if parent(s) loses control

**Shot on Goal Situations:**

Player 1 is hot and shoots the ball.

-       Player hits the pipe on the goal or another player, the ball goes out of bound. In all of these situations if the ball doesn’t hit the goalie, then the play is STILL HOT

-       If the goalie makes the save (or the ball hits the goalie), the play is NO LONGER HOT and the pass count is reset

**2018 Rules for Boys Youth Lacrosse:** The National Federation of State High School Associations (NFHS) 2018 Boys Lacrosse Rules Book shall govern US Lacrosse boys youth play, except as amended below.

**Format of the following Section:** All divisions will follow NFHS Boys Lacrosse Rules with the following modifications:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***Rules*** | ***U11 (4&5 Grade)*** | ***U13 (6&7 Grade)*** | ***U15 (7&8 Grade)*** | ***Select*** |
| ***Field Size*** | NFHS | NFHS |
| ***Officials*** | 2 Officials | 2 Officials | 2 Officials | 2 Adults |
| ***Legal Sticks*** | 37” to 42” - short47” to 54” - long | NFHS |
| ***Goalie Arm Pads*** | Required | Optional | Optional | Optional |
| ***Overtime Rules*** | Game End in Tie | Two 4-min OT’s | NFHS | NFHS |
| ***Timing Rules*** | 12 Minute Running Quarters | 10 Minute Stop |
| ***1-Handed Checks*** | Slash |
| ***Counts*** ***(10 & 20 sec)*** | No | Yes, NFHS |
| ***Keep it in*** | No | Yes, NFHS |
| ***Stalling*** | advance the ball / 5-second count | Yes, NFHS |
| ***Time-outs*** | 1 Per Half | 2, Per Half (Stop Time) |
| ***Time-Outs (Notes)*** | Clock Stops (only 60 second timeout) | Clock Stops |
| ***Body Checking*** | No | Limited |
| **Mercy *Rule*** | 6 Goals | No |
| ***Goalie Penalties can in-home serve*** | Yes | No (Unless team only has 1 goalie) |
| ***Fouling out*** | 3 personal fouls OR 5 min of penalty time |

*Officials will meet with both coaches 10 minutes prior to contest for the coaches’ certification & to confirm rules*

**US Lacrosse Youth Rules Video for 2018:** http://www.uslacrosse.org/rules/boys-rules

Points of Emphasis:

* Sportsmanship: make sure to work with sideline manager (or head coach) if parents get out of control
* Violent Collisions: Especially defenseless players and excessive body-checks



* 3 yard rule for checking with cross instead of 5 yards (rule 4, section 15, NFHS book)

2018 Rule Changes Information:

* A 120 Unified Girls/Boys Field is a legal Field Option
* New Crosse: minimum of 6” at the top and minimum of 3” for pocket (see diagram to the right)
* Pockets of nontraditional synthetic materials manufactured for lacrosse are permitted
* A goal is good if the shot is released before the clock turns 0 and please remember the shot can hit the ground and/or a defensive player and it still counts
* If a stall warning is issued (and it’s not under 2 minutes with a goals differential of 4 or less) and there is a shot where the goalie makes the saves or ball hits the pipe of the goal this will end the stall warning
* If there is a Flag Down and the Whistle hasn’t blown yet, the offensive team can leave the offensive box to run their offensive even after they satisfy the 20/10 second counts
* 2nd flag down under 2 minutes stops the play to assess penalties (Rule 7.8.2k)

Previous Rule Changes & Rule Emphasis:

* Mouthpiece violation is a technical foul
* Check’s to the head and Bodying Checking to include defenseless position
	+ Either penalty is 2-3 minutes non-releasable
* A restart can start within the defensive box when the defensive gains position after a whistle
	+ A goalie can restart in the goalie crease, must make sure 5 yards are allowed
* Change of Faceoff Procedure, which includes: A violation will be called if a player picks up and carries the ball on the back of his stick. It is legal to clamp the ball with the back of the stick, but it must be moved
* MAYLA games doesn’t require contrasting colors between the crosse and stick for the face-off players.
* Possession has to be established in the offensive box for Over & Back to be called.
* ALL shooting strings must be within 4” of the top of the stick. No U or V stringing are allowed.