

2019 NFHS Rules Study Guide with GHSA Modifications

This guide consists of 130 questions that were compiled from previous years tests as well as new questions that are based on the new rules.

Rule references are provided for any questions marked incorrectly.

Please use this as a study guide as you prepare for the required GHSA rules exam which will be available online January 23 – February 6, 2019.

If you have concerns about any of the questions or need further explanation, please email training@galaxref.com.

Note that the 2019 NFHS Rule Book is now available on Amazon for the Kindle. US Lacrosse members should receive their books soon. All members will receive a copy at the January training.

1. A3 kicks the ball into the goal. What is the correct call? *

1 point

- A) Goal is good.
- B) No goal, award possession to Team B.
- C) No goal, award possession to Team A outside the attack area.
- D) No goal, penalize A3 for unsportsmanlike conduct.

2. The head of the crosse should measure 10 inches regardless as to whether a ball stop is used and should be measured from:

1 point

- A) The outside edge of the head to the beginning of the throat as measured from the front of the crosse.
- B) The outside edge of the head to the beginning of the throat as measured from the front and back of the crosse.
- C) The outside edge of the head to the beginning of the throat as measured from the back of the crosse.

3. Officials inspect A3's crosse and discover a tape ring more than 3 inches from the butt end.

What is the correct ruling?

1 point

- A) Assess a three-minute nonreleasable foul and the crosse must stay on the table.
- B) No foul. This is a get off and fix situation. Crosse may return as long as the tape ring is removed or moved to within 3 inches of the butt end.
- C) A) Assess a one-minute nonreleasable foul and the crosse may return to the game.

4. The pocket and netting must be:

1 point

- A) Completely attached to the head
- B) Completely attached to the sidewall
- C) Leave no gaps large enough for a ball to pass through
- D) All of the above

5. B24 checks A2 from the front, below the neck and above the waist but his check slides up into A2's neck. What is the correct ruling?

1 point

- A) No foul, initial contact was legal.
- B) 2-3 minute nonreleasable foul on B24.
- C) 1 minute nonreleasable foul on B24.
- D) 30-second technical on B24.

6. The blue head coach is on the field and obstructs play. The correct ruling is:

1 point

- A) 1-3 minute nonreleasable foul for USC.
- B) 1-3 minute releasable foul for USC.
- C) Conduct foul
- D) Warn the coach that further violations will be penalized.

7. A player may use his crosse to hold an opponent who is in possession or within five yards of a loose ball:

1 point

- A) their arms are no more than shoulder length apart.
- B) equal pressure is applied.
- C) there is no thrusting motion.
- D) all of the above.

8. Which of these are illegal actions? Select all that apply.

1 point

- A) Throwing the crosse.
- B) Flicking the crosse in an opponent's face.
- C) Exchanging the crosse with a team mate while in possession of the ball.
- D) Carrying the crosse with one hand.

9. Which statements about ejections are true? Select all that apply.

1 point

- A) Three-minute non-releasable penalty for a player, substitute or non-playing team member for the remainder of the game.
- B) One-minute non-releasable penalty for a coach and ejection for the remainder of the game.
- C) A coach may still, at the discretion of the officials, be assessed a three-minute non-releasable penalty for a coach and ejection for the remainder of the game.

10. A player in possession of the ball with both hands on his crosse:

1 point

- A) Shall not use his hand or arm to push the body of the player applying the check.
- B) May make initial contact with his opponents body.
- C) May make contact with his opponent's crosse.
- D) May make violent contact with his opponent.

11. What ends a Flag Down Slow Whistle situation? Select all that apply?

1 point

- Goal
- Offense commits a foul
- Out of bounds
- Ball leaves box
- Defense gains possession
- Injury in scrimmage area or Time Out
- End of period or loss of required equipment
- Second defensive foul
- Ball hits ground

12. A second foul committed by the defense during a Flag Down Slow Whistle situation shall? *

1 point

- A) End the FDSW.
- B) Result in a time serving foul, even if the foul is a loose ball technical foul.
- C) Be ignored.
- D) Both A and B

13. A24 lowers his head and violently drives it into B4. The correct call here is:

1 point

- A) 1 minute nonreleasable for for intentional targeting on A24
- B) 2 minute nonreleasable for for intentional targeting on A24
- C) 3 minute nonreleasable for for intentional targeting on A24
- D) The officials may eject A24 if they believe the contact was excessively violent.
- D) C and D

14. The home team's field does not have a clearly marked center line. What is the correct ruling? *

1 point

- A) 3-minute nonreleasable foul to begin the game.
- B) The visiting team receives an additional timeout.
- C) Illegal procedure; possession is awarded to the visiting team in lieu of the first faceoff.
- D) No penalty.

15. Upon arrival to the field, the officials notice that the field dimensions match the 120-yard Unified Field Diagram. What is the correct ruling? *

1 point

- A) Penalize the home team 1-minute nonreleasable and award ball to the visiting team.
- B) Penalize the home team 3-minutes nonreleasable and award ball to the visiting team.
- C) The 120-yard Unified Field is legal. Play the game.
- D) The game cannot be played, notify the assigning authority of the problem.

16. Immediately after a goal the officials notice that the ball being used does not have the label "Meets NOCSAE Standard." How should the game proceed? *

1 point

- A) The goal counts. The ball is removed and the game continues with a properly marked ball.
- B) The goal is disallowed. The ball is removed and the game continues with a properly marked ball awarded to the opposing team.
- C) If scored by the home team, the goal is disallowed. If scored by the visiting team, the goal stands. The ball is removed and the game continues with a properly marked ball.
- D) The goal is disallowed. The home team's In-Home serves a 3-minutes nonreleasable penalty.

17. Which of the following would be an illegal crosse length for a field player, not the goalkeeper? Select all that apply. *

1 point

- A) 39 inches.
- B) 41 inches.
- C) 42 inches.
- D) 43 inches.

18. Which of the following is the correct procedure for checking a crosse? *

1 point

- A) Place ball in the pocket and ensure that the pocket is not deep.
- B) With the ball in the crosse, horizontal to the ground at the deepest point of the pocket, tip the crosse forward 90 degrees to ensure that the ball rolls out of top of the head.
- C) Hold the crosse perpendicular to the ground, place the ball in the throat of the head, rotate the head forward and ensure that the ball rolls freely out of the throat.
- D) All of the above are correct.

19. Officials randomly inspect A1's equipment and crosse. The head of his crosse measures 6 inches at the widest point. What is the correct ruling? *

1 point

- A) Legal Crosse. No penalty.
- B) A1 serves 30-second technical foul and the crosse may be fixed.
- C) A1 serves 1-minute nonreleasable and the crosse is allowed back in the game.
- D) A1 serves 3-minutes nonreleasable and the crosse must remain at the table.

20. A1's crosse is hollow and he does not have a butt end manufactured for lacrosse. Instead, the butt end is covered with tape. What is the correct call? *

1 point

- A) 30-second foul; turnover to Team B.
- B) 3-minute nonreleasable unsportsmanlike conduct; remove the crosse from the game.
- C) No penalty, send the player off to fix his crosse. He may not return to the field with that crosse unless it is fixed.
- D) Do nothing.

21. Select all of the required pieces of equipment for a field player. *

1 point

- A) Helmet

- B) Shoulder Pads
- C) Arm Pads
- D) Gloves
- E) Crosse
- F) Mouthpiece
- G) Rib Pads
- H) Shoes/Cleats
- I) Protective Cup

22. To be legal a mouthpiece must what? *

1 point

Cover all upper teeth.

- B) Cover all lower teeth.
- C) Be completely white.
- D) Be completely clear.
- E) Either (A) or (B)

23. Before the game the officials notice that A1 has eye black in the shape of a triangle underneath each eye. What is the correct call? *

1 point

A) Award Team B the ball in lieu of the first faceoff.

B) No penalty, instruct the player to remove the eye black or replace it with a single stroke under each eye.

C) 1-minute nonreleasable unsportsmanlike conduct foul on player.

D) 1-minute nonreleasable unsportsmanlike conduct foul on head coach.

24. The home team must provide which of the following? Select all that apply. *

1 point

A) Scorebook.

B) Scoreboard

C) Timing Device.

D) Ball Retrievers.

E) Table.

F) Working Horn.

25. Team A has 10 players ready to play at the scheduled start time, but no player legally equipped as a goalkeeper and there is no extra goalkeeper equipment. What procedure should the officials follow? *

1 point

- A) Team A forfeits the game.
- B) The teams play 10 on 9. Team A plays without a goalkeeper.
- C) Team B is required to provide their backup goalkeeper for Team A.
- D) Team A must put a player in the goal to act as a goalkeeper even though he does not have the correct equipment. The game must be played.

26. A game cannot continue under which of the following conditions? *

1 point

- A) Team has fewer than 7 on field players.
- B) Team has fewer than 8 on field players.
- C) Team has fewer than 9 on field players.
- D) Any of the above would result in the game not continuing.

27. In the 3rd period, Team A's Head Coach notifies the officials that he has only 9 players eligible to play. What is the correct ruling? *

1 point

- A) Team A must forfeit the game.
- B) Team A can play with fewer than 10 players on the field as long as they have a properly equipped goalkeeper.
- C) The game may continue but Team B must also play with 9 players.
- D) None of the above.

29. Team B's Assistant Coach commits an unsportsmanlike act. What penalty should be assessed? *

1 point

- A) Unsportsmanlike conduct on Team B's Head Coach. The In-Home serves the penalty.
- B) Unsportsmanlike conduct on Team B's In-Home. The In-Home serves the penalty.
- C) Unsportsmanlike conduct on Team B's Assistant Coach. The In-Home serves the penalty.
- D) None of the above.

30. When does the officials' authority end? *

1 point

- A) When the horn sounds to end the game.
- B) When the officiating crew leaves the immediate playing facility.
- C) When the officiating crew returns to the locker room.
- D) 24 hours after the conclusion of the game.

31. When would a game use a running clock in a GHSA contest? *

1 point

- A) When there is a 10-goal differential in the second half.
- B) When there is an 8-goal differential in the second half.
- C) When either coach requests it.
- D) Never.

32. In overtime, the teams shall play periods of 4 minutes each until what happens? *

1 point

- A) One period has been completed and the score is no longer tied.
- B) Two periods have been completed.
- C) The score is no longer tied after both teams have been given an opportunity to score.
- D) A goal is scored.

33. A1 is serving time in the penalty box. A2 throws a pass and the ball is in flight when the horn sounds to end the period. How will the next period start? *

1 point

- A) Team A in possession at the same relative position on the field.
- B) Team A in possession at midfield.
- C) Faceoff
- D) None of the above.

34. A1 receives a 1-minute foul for slashing with 20 seconds left in the period. With 4 seconds left in the period, B2 is flagged for a slash and time expires in the period. B2 is assessed a 1-minute foul. How should the next period be restarted? *

1 point

- A) Faceoff as teams have an equal number of players on the field, A1 and B2 are in the penalty box
- B) Team A starts with the ball at the spot where the last period ended.
- C) Team A starts with the ball at midfield.
- D) The ball is awarded by alternate possession.

35. Which of the following are included in a legal faceoff? *

1 point

- A) The crosses match evenly (the top of one head lining up with the throat of the other), and are perpendicular to the ground.
- B) Both hands of the players must be fully wrapped around the handle of their crosse.
- C) No hand may touch the head of the crosse.
- D) All of the above.

36. What should the whistle cadence be on a faceoff? *

1 point

- A) The same on every faceoff.
- B) Varied on every faceoff.
- C) The official waits three seconds after “set” before blowing the whistle.
- D) The official waits one second after “set” before blowing the whistle.

37. It is legal to clamp the ball with the back of the stick, but it must be moved, raked or directed immediately. What is the definition of “immediately” in the rulebook? *

1 point

- A) Within 1 step.
- B) Within 2 steps.
- C) Within 3 steps.
- D) The ball must be out by the time the player crosses the restraining line.

38. A1 wins the clamp on a faceoff and is raking the ball out. Both of his hands are wrapped around the crosse and are touching the ground. Which of the following would be ILLEGAL? Circle all that apply. *

1 point

- A) Player B1 uses a lift check against A1’s crosse.
- B) Player B1 body checks A1 while A1’s hands are still on the ground.
- C) Player B1 places his crosse on top of A1’s crosse, preventing A1 from raking the ball out.
- D) Player B1 uses his crosse to lift against A1’s elbow.

39. A contrasting color between the head and the top glove must be visible on the shaft at faceoffs. Which of the following is a way to show contrast? *

1 point

- A) A single wrap of tape.
- B) Paint.
- C) Other material.

40. There is a pre-whistle faceoff violation and Team A is awarded possession. Where should play be restarted? *

1 point

- A) In team A's offensive half of the field one step over the center line.
- B) In one of the alleys on Team A's offensive half of the field.
- C) Reface, only post-whistle violations award possession to the offended team.
- D) None of the above.

41. After the faceoff but before possession is gained, Team A commits a technical foul. The official stops play and awards possession to Team B. Where is play restarted? *

1 point

- A) Reface.
- B) Team B's offensive half of the field. One step over the center line.
- C) Anywhere in Team B's offensive half of the field.
- D) At the spot where the ball was when play was suspended.

42. A1 knocks the ball out of bounds through the substitution area. How should play be restarted? *

1 point

- A) Have a Team B player obtain a ball and start play near the sideline.
- B) 30-second illegal procedure penalty on Team A.
- C) Have a Team B player obtain a ball, then move 5 yards into the field from the spot where the ball went out of bounds.
- D) All substitutes must vacate the substitution box prior to restarting play.

43. A1's crosse is checked out of his hands and it lands on the ground with the ball underneath the head. What is the correct call? *

1 point

- A) Play continues, A1 may attempt to pick up his crosse.
- B) Player B1 may kick A1's crosse to get the ball out.
- C) Player A2 may flip A1's crosse with his crosse to get the ball out.
- D) Immediate whistle; withholding the ball from play. Turnover to Team B.

44. In which of the following cases would a goal be disallowed? *

1 point

A) The official recognizes a request for a timeout from the head coach of the offensive team before the shot

was taken.

B) After the goal, and before play is restarted, it is discovered that the shooter's crosse has strings hanging

longer than 2 inches.

C) Before the ball enters the goal an offensive player steps into the crease.

D) After the goal, and before play is restarted, it is discovered that the shooter does not have a mouthpiece.

45. A1 shoots, before the ball goes into the goal, the official blows his whistle by mistake. What is the correct call? *

1 point

A) Goal counts; faceoff.

B) No goal; inadvertent whistle

C) Goal counts; inadvertent whistle; official apologies to the team scored upon.

46. A2 shoots on goal; the ball is loose in the crease when the official blows the whistle, thinking that a goal was scored. What is the correct procedure? *

1 point

A) Award possession via alternate-possession.

B) Award possession to the defensive team.

C) Award possession to the offensive team.

D) None of the above.

47. When is a team considered offside (including players in the penalty box)? Select all that apply. *

1 point

A) Team has too few players behind the midfield line.

B) More than 6 field players in their offensive half.

C) Less than 6 field players in their offensive half.

D) More than 7 field players in their defensive half.

E) Less than 7 field players in their defensive half.

48. Team B is clearing and the 20-second count is on. Which of the following situations stops the count? *

1 point

- A) The ball becomes loose in Team B's defensive half of the field.
- B) An official sounds the whistle to stop play.
- C) The ball is passed to Team B's goalkeeper inside the crease.
- D) The ball is passed to Team B's goalkeeper outside the crease.

49. In which of these situations should a 10-second count start? Select all that apply. *

1 point

- A) After crossing the center line with possession.
- B) After gaining the attack area, carrying the ball back to the defensive half of the field.
- C) After regaining possession in the offensive half of the field (outside the attack box) following a defensive possession
- D) After gaining the attack area, carrying the ball outside the attack area.
- E) After initially gaining possession in the offensive half of the field.

50. What is the correct definition of the "over and back" rule? *

1 point

- A) Once the ball has been successfully advanced into the goal area and the offensive team carries, passes or propels the ball to its defensive half of the field.
- B) Anytime the ball crosses back over to the defensive half of the field regardless of who last possessed or touched the ball.
- C) While a 10-second count is still on and the offensive team carries, passes or propels the ball to its defensive half of the field.
- D) Both (A) and (C).

51. What are the exceptions to the "over and back" rule? Select all that apply. *

1 point

- A) After a shot, the ball breaks the plane of the centerline.
- B) The ball deflects off an offensive player's helmet and crosses the centerline.
- C) If the ball is legally batted (not possessed) by a player in the defensive half of the field to keep it in the offensive half of the field.
- D) A player for the offensive team possesses the ball while standing in his defensive half.
- E) The ball deflects of a defensive player's body or crosse and breaks the plane of the centerline.

52. "Over and back" is penalized as a technical foul. How should this penalty be applied? *

1 point

- A) Turnover. Immediate whistle and a quick restart for the offended team.
- B) Turnover. Play-on, allow offended team opportunity to pick up the ball and maintain advantage.
- C) Flag-down slow-whistle; 1-minute nonreleasable unsportsmanlike conduct on the offensive player who last touched the ball.
- D) (A) or (B)

53. What is required for a legal body check? Select all that apply. *

1 point

- A) Both hands of the player initiating the body check must remain in contact with his crosse.
- B) Extending the hands into an opponent's head or neck.
- C) Body checking an opponent who is more than 5 yards away from a loose ball.
- D) From the front.
- E) From the side.

54. After a shot and while the ball is within 5 yards of A2, B1 legally checks A2 into the crease.

A2 contacts the crease before the ball enters the goal. What is the correct ruling? *

1 point

- A) Legal check by B1; crease violation on A2; no goal; Free clear Team B.
- B) Legal check by B1; crease violation on A2; no goal; ball awarded to Team B goalkeeper in the crease.
- C) Legal check by B1; goal counts.
- D) Flag down for illegal body check on B1; crease violation on A2; no goal.

55. Goalkeeper B1 is within his crease when a shot is taken. He bats the ball with his hand and the ball lands in the crease. What is the correct ruling? *

1 point

Legal play.

- B) Illegal touching of the ball; ball awarded to Team A outside the box.
- C) Unsportsmanlike conduct.
- D) Illegal touching of the ball, ball awarded to Team A at midfield.

56. The ball is loose outside the crease. Goalkeeper B1 reaches out of the crease for the ball and A1 checks the portion of B1's crosse that is outside of the crease. What is the correct ruling? *

1 point

- A) Legal play.
- B) Play-on; if Team B does not gain possession, blow the whistle and award the ball to Team B.
- C) Play-on; if Team B does not gain possession, blow the whistle and award Team B a free clear.
- D) Flag down technical foul.

57. B1 enters his own crease with the perceived intent of blocking a shot or acting as a goalkeeper; a shot is NOT in flight. This is the first time a player from Team B has done this.

What is the correct ruling? *

1 point

- A) Play-on.
- B) Flag-down, slow-whistle. Once the whistle blows, B1 serves a 30-second penalty.
- C) Immediate whistle. B1 serves a 30-second conduct penalty.
- D) Flag-down, slow-whistle. B1 serves a 1-minute releasable unsportsmanlike conduct penalty.

58. B2 enters his own crease with the perceived intent of blocking a shot or acting as a goalkeeper; a shot is NOT in flight. This is the second time a player from Team B has done this.

What is the correct ruling? *

1 point

- A) Play-on
- B) Flag-down, slow-whistle. Once the whistle blows, B2 serves a 30-second penalty.
- C) Immediate whistle. B2 serves a 1-minute releasable unsportsmanlike conduct penalty.
- D) Flag-down, slow-whistle. B2 serves a 1-minute releasable unsportsmanlike conduct penalty.

59. Team A is on offense. A defenseman on Team B, not the goalkeeper, enters his crease with the perceived intention of blocking a shot or acting as a goalkeeper. The officials notice this after the shot by Team A is already IN FLIGHT. What should the officials do? *

1 point

- A) Immediate whistle; 1-minute releasable unsportsmanlike conduct foul on the defenseman.
- B) Immediate whistle. Conduct foul on the defenseman.
- C) Officials should wait to blow the whistle until the shot comes to its normal conclusion. Then assess a penalty against Team B's defenseman.
- D) Officials should wait to blow the whistle until the shot comes to its normal conclusion. Then warn the defender to not do that again.

60. A1 takes a shot while diving and the ball enters the goal. In which of these situations would the goal be allowed? *

1 point

- A) Player A1's body passes through the airspace of the crease without touching the crease, goal, or goalkeeper, and then lands outside of the crease.
- B) Player A1's body lands in the crease before the ball enters the goal.
- C) Player A1's body lands in the crease after the ball enters the goal.
- D) Both (A) and (C).

61. Substitutions may take place while play is suspended in which of these situations? Select all that apply. *

1 point

- A) After a goal is scored.
- B) After a time out is called.
- C) After a loose-ball technical foul is called.
- D) While a time serving penalty is reported.

62. The defending team commits a foul while the ball is in the goal area, and play is stopped. How should play restart? *

1 point

- A) Award possession to the defensive team.
- B) Award possession via alternate-possession.
- C) Award possession to the offensive team laterally outside the goal area.
- D) None of the above.

63. Team A commits a technical foul while the ball is in their offensive goal area. How should the ball be restarted for Team B? *

1 point

- A) Free clear for the defensive team.
- B) Restart where the ball was when play was stopped in the goal area.
- C) Restart in the crease.
- D) Both (B) and (C) are possible restarts depending on the situation.

64. Several players from Team A get into a tight huddle around the ball carrier to perform the hidden ball trick before the whistle sounds to restart play. Is this LEGAL? *

1 point

- A) Legal. Conduct the restart.
- B) Not legal. Dead-ball unsportsmanlike conduct fouls on all players involved for 1-minute nonreleasable.
- C) Not legal, but not a penalty. However, the official must get all players to establish at least 5 yards from the ball carrier within 5 seconds.
- D) Not legal. Dead-ball technical foul on Team A; not time-serving. Award ball to Team B.

65. The ball is loose outside the crease and the goalkeeper's throat guard becomes undone and falls off. What is the correct procedure? *

1 point

- A) Play-on; illegal procedure on the goalkeeper.
- B) Stop play immediately, allow the goalkeeper to reattach his throat guard and award the ball by alternate possession.
- C) Stop play immediately, allow the goalkeeper to reattach his throat guard and award possession to the defense.
- D) Stop play immediately, allow the goalkeeper to reattach his throat guard and award possession to the offense.

66. Team B's goalkeeper has possession and is outside the crease. A1 legally checks the goalkeeper's crosse and ball becomes loose. A1 recovers the loose ball, and then officials notice that the goalkeeper's crosse is broken. What is the correct procedure? *

1 point

- A) Immediate whistle. Allow the goalkeeper to get a new crosse. Award ball to Team A.
- B) Let play continue. The goalkeeper must run to the bench to get another crosse before he can play.
- C) Immediate whistle. Allow goalkeeper to get a new crosse. Award ball by alternate possession.
- D) Play continues until the officials determine that Team A's scoring chance is over. Officials should then blow whistle and allow the goalkeeper to get a new crosse. Award ball to Team A.

67. What must happen to a player if he exhibits signs, symptoms, or behaviors consistent with a concussion (loss of consciousness, headache, dizziness, and confusion or balance problems)? *

1 point

- A) Removed from the game for one whistle.
- B) Removed from the game and cannot return until cleared by a head coach.
- C) Removed from the game and cannot return until cleared by a health-care professional.
- D) Allowed to stay in the game.

68. During random equipment inspections, officials are required to check which of the following? *

1 point

- A) Only the crosse of the player checked.
- B) Each piece of required equipment and the crosse.
- C) The mouthpiece and the crosse.
- D) It is the referee's choice to check anything other than the crosse.

69. A1 is in possession and B1 initiates a body check but just before contact is made, A1 turns his back. Which of the following results in a penalty against B1? Select all that apply. *

1 point

- A) Player B1 hits A1 from behind.
- B) Player B1 cross-checks A1.
- C) Player B1 hits A1 below the waist.

70. Which of the following is considered body checking a defenseless player? *

1 point

- A) Body checking a player who has his head down to play a loose ball.
- B) Body checking a player from his blind side.
- C) Body checking a player whose head is turned away to receive a pass, even if that player turns toward the contact immediately before the body check.
- D) All of the above.

71. Which of the following are mandatory 2-, or 3-minute fouls? *

1 point

- A) Body checking a defenseless player.
- B) Finishing a body check into an opponent's head or neck.
- C) Entering the field from the substitution area and body checking a player who was looking the other way.
- D) All of the above.

72. Defenseman B1 initiates violent contact to A1's helmet using his own helmet. Which of the following are penalties for this action? Select all that apply. *

1 point

- A) Flag down, personal foul and B1 serves 2- or 3-minutes nonreleasable.
- B) An excessively violent violation of this rule may result in an ejection.
- C) Flag down, personal foul and B1 serves 2-minutes releasable.
- D) Flag down, personal foul and B1 serves 1-minute releasable.

73. A1's crosse has shooting strings below 4 inches from the top of the crosse. What is the penalty? *

1 point

- A) 3-minute nonreleasable penalty, the crosse stays at the table.
- B) 1-minute nonreleasable penalty, the crosse stays at the table.
- C) No penalty. Tell the player to fix the shooting strings before coming back onto the field.
- D) 3-minute nonreleasable penalty, the crosse may be fixed before coming back into the game.

74. An official asks a player for his crosse during a dead-ball. Before the player hands the crosse over, he adjusts the strings. What is the correct ruling? *

1 point

- A) 1-minute nonreleasable, unsportsmanlike conduct foul is assessed. The crosse is returned to the player with no further inspection.
- B) 1-minute nonreleasable, unsportsmanlike conduct foul is assessed. The crosse is inspected and penalized if any violations are found.
- C) 3-minute nonreleasable penalty for purposefully altering the crosse to gain an advantage.
- D) 1- to 3-minute, nonreleasable penalty for an illegal crosse.

75. Striking an opponent in his neck, head, or face by the crosse of an opponent is a slash except when committed by a player in the act of which of the following? *

1 point

- A) Passing.
- B) Shooting.
- C) Attempting to scoop.
- D) All of the above.

76. B1 is defending A1. A1 cuts around A2, who is standing in a screening position. B1 looks at A2 and then deliberately runs into A2, violently knocking him to the ground. What is the correct call? *

1 point

- A) Legal if B1 was concentrating on A1.
- B) Unnecessary roughness against A2; 1-3 minute penalty.
- C) Unnecessary roughness against B1; 1-3 minute penalty.
- D) Either (A) or (C).

77. A1 and B1 continue to push and shove each other after the whistle while shouting at one another. Both players are penalized. What is the correct call? *

1 point

- A) Offsetting conduct fouls, and a warning to each player.
- B) 1-minute unnecessary roughness on each player, penalty time is nonreleasable.
- C) 1-minute nonreleasable unsportsmanlike conduct fouls on each player.
- D) All of the above depending on the severity of the actions and the language as judged by the officials.

78. A player is considered to have fouled out of the game and not considered ejected in which of these situations? *

1 point

- A) He accumulates 5-minutes of personal fouls.
- B) He accumulates 5 fouls of any type.
- C) He receives a second nonreleasable, unsportsmanlike conduct foul.
- D) He accumulates 5-minutes of combined technical and personal fouls.

79. In which of these situations should a coach or player be ejected? Select all that apply. *

1 point

- A) Receive a second nonreleasable unsportsmanlike conduct penalty.
- B) Repeatedly commit the same technical foul.
- C) Deliberately strike or attempt to strike an opponent.
- D) Leave the bench area during a fight.

80. A1 makes contact with goalkeeper B1's crosse that is inside the crease during a loose ball. The official calls Play-On, and then B1 accidentally knocks the ball into the goal. What is the correct call? *

1 point

- A) No goal. Award possession to Team A outside the box.
- B) No goal. Loose-ball goalkeeper interference. Award possession to Team B in the crease.
- C) No goal. Loose-ball goalkeeper interference. Award possession to Team B with a free clear.
- D) Goal counts. Faceoff.

81. A player may not interfere in any manner with the free movement of an opponent, except in which of the following situations? Select all that apply. *

1 point

- A) The ball is in flight and within 5 yards of the players.
- B) The ball is in flight and more than 5 yards away from the players.
- C) His opponent has possession of the ball.
- D) Both players are more than 5 yards away from a loose ball.
- E) Both players are within 5 yards of a loose ball.

82. B1 holds A1's crosse with his crosse while both players are within 5 yards of a loose ball. What is the correct ruling? *

1 point

- A) Holding.
- B) Legal check.
- C) Cross-check.
- D) Slashing.

83. How may a player set his feet when establishing a legal screening position? *

1 point

- A) Feet no wider than shoulder-width.
- B) Feet spread as wide as possible.
- C) Feet must be together.
- D) Feet may be moving immediately before contact.

84. B1 is serving a releasable penalty and he re-enters the game before the timekeeper releases him. Play stops when Team B scores a goal. What is the correct call? *

1 point

- A) Goal is disallowed; B1 returns to the penalty area, but does not have to serve an additional 30 seconds.
- B) Goal is disallowed; B1 returns to the penalty area to serve his unexpired time plus 30-seconds.
- C) Goal counts B1 returns to the penalty area plus an additional 30-second penalty.
- D) Goal counts B1 returns to the penalty area plus an additional 1-minute penalty.

85. A1 passes to A2 and the head of A1's crosse comes loose and falls to the ground. What is the correct ruling? *

1 point

- A) Immediate whistle; penalize A1 for playing with an illegal crosse for 1-minute nonreleasable.
- B) Play may continue but A1 must not participate in the play, and must either obtain another crosse or substitute out of the game.
- C) Silent play-on; if Team A shoots, then Team B gets a free clear.
- D) Immediate whistle; penalize A1 with a technical foul and award possession to Team B.

86. A1 is legally checked by B1. B1's crosse breaks due to the contact. What is the correct ruling? Select all that apply. *

1 point

- A) There is no penalty unless B1 participates in the play in some manner after breaking his crosse.
- B) Once B1 breaks his crosse, he shall either get a new crosse from the bench/table area or substitute out of the game.
- C) Player B1 may carry the broken crosse off the field as long as he does not create a dangerous situation.
- D) Player B1 may leave the pieces of the crosse on the field.

87. Player B1 legally body checks A1 causing A1's mouthpiece to fall out, but he maintains possession of the ball. *

1 point

- A) Flag-down, slow whistle.
- B) Immediate whistle. A1 is playing without a mouthpiece. Award the ball to Team B.
- C) No call but an immediate whistle. A1 must put his mouthpiece back in before play can continue. Team A retains possession.
- D) Conduct foul; A1 serves 30 seconds.

88. A1 has possession of the ball and his mouthpiece is wedged into the crown of his helmet.

What is the correct call? *

1 point

- A) Allow the play to continue if the situation does not appear dangerous, and then tell player A1 to get his mouthpiece in mouthpiece in.
- B) Immediate whistle. Technical foul with possession turns the ball over to Team B.
- C) Immediate whistle. Flag down for a personal foul. A1 serves 1-minute releasable.
- D) Immediate whistle. Flag down for a personal foul. A1 serves 1-minute nonreleasable for unsportsmanlike conduct.

89. During a game, when may a coach legally enter the field of play without the permission of an official? Select all that apply. *

1 point

- A) To tend to an injured player.
- B) To warm-up a goalkeeper.
- C) To argue with an official about a judgment call.
- D) During halftime.

90. A1 looks to pass to A2 in front of the crease. Before the ball is thrown, B1 checks A2's crosse while the ball is more than five yards away. What is the correct call? *

1 point

- A) Immediate whistle. Award ball to Team A outside the box.
- B) Immediate whistle. Penalize B2 1-minute for unnecessary roughness.
- C) Flag down, slow whistle. Penalize B1 30-seconds for interference.
- D) Flag down, slow whistle. Penalize A2 for illegal offensive screening.

91. Team A has possession and is not creating a scoring opportunity. In which of these situations should Team A be warned for stalling? Select all that apply. *

1 point

- A) Team A has possession inside the goal area but no player from Team B is actively defending the ball carrier.
- B) During the last two minutes of regulation play, Team A is ahead by 4 goals or less and has possession in their offensive half.
- C) Team A satisfied the 10-second count, takes the ball outside the goal area, and does not attempt to bring the ball back into the goal area to create a scoring opportunity.

92. What happens when Team A is told to: "Get It In," and then: "Keep it in"? Select all that apply. *

1 point

- A) Team A has 10-seconds to bring the ball into the goal area.
- B) Team A must keep the ball in the goal area once it is brought in.
- C) If Team A recovers a shot or a pass deflected by the defense outside of the goal area, then Team A has 10- seconds to bring the ball back into the goal area.

93. Team A is in possession and is warned to "Get it in/Keep it in." The stall warning remains in effect until when? Select all that apply. *

1 point

- A) A goal is scored.
- B) A shot is taken that hits the goalkeeper, the goalkeeper's equipment, or the goal pipes.
- C) The defensive team gains possession of the ball.
- D) A shot hits the back of the goal net.
- E) The period ends resulting in a faceoff.

94. A1 has possession and carries his crosse in one hand, using his other arm to shield his crosse. In which of these situations could A1 be called for warding off? *

1 point

- A) Player A1 uses his free arm to absorb a check thrown by B1.
- B) Player A1 runs into B1 with his free arm and drives against B1.
- C) Player A1 pushes B1 out of the way with his free arm.
- D) Player A1 moves his free arm but never contacts B1.

95. Goalkeeper B1 is flagged for an illegal body check. Who serves this foul? *

1 point

- A) Goalkeeper B1.
- B) Team B's In-Home.
- C) Team B's In-Home if Team B does not have a backup goalkeeper.
- D) Team B defenseman picked at random by the official.

96. A2 is serving time in the penalty area before a faceoff. When may he be released? *

1 point

- A) When his penalty time expires.
- B) When "possession" is declared.
- C) When a whistle sounds to start the faceoff.
- D) Both (A) and (B) must be true before he may be released.

97. B1 is serving a releasable penalty and he re-enters the game before the timekeeper releases him. Play stops when Team A scores a goal. What is the correct call? *

1 point

- A) Goal is disallowed; Team A is awarded possession; B1 returns to the penalty area to serve his unexpired penalty time, B1 serves an additional 1-minute releasable penalty.
- B) Goal counts; B1 returns to the penalty area. B1's unexpired penalty time is nullified, but he must serve 30-seconds for illegal entry into the game.
- C) Goal counts; B1's unexpired penalty time is nullified and his technical foul for leaving early is wiped off.
- D) Goal counts; B1 is assessed a 1-minute nonreleasable penalty for unsportsmanlike conduct.

98. Four players from the same team are assessed time-serving fouls at the same time. Which of the following is correct? Select all that apply. *

1 point

- A) No more than three players can be in the penalty area serving penalty time at once.
- B) The penalty time for the fourth player does not start until one of the earlier penalties expires.
- C) If a goal is scored, all four players are released.

99. B1 is flagged for a slash. A shot is taken that goes out of bounds over the end line directly behind the goal. Where should play be restarted? *

1 point

- A) At the end line directly behind the goal.
- B) Laterally outside the goal area.
- C) Wherever Team A's head coach requests.
- D) At midfield.

100. A1 shoots and the ball goes out of bounds directly behind the goal. Team A is awarded the ball and the Team A Head Coach calls timeout. Before the restart, B2 is penalized 1-minute for unsportsmanlike conduct. Where should play be restarted? *

1 point

- A) Where the ball went out of bounds.
- B) Laterally outside the goal area.
- C) Anywhere outside the goal area.
- D) Midfield on Team B's offensive half of the field.

101. B1 is flagged for unnecessary roughness. A1 throws the ball out of bounds and play stops. During the dead ball, A1, and then A2, commit conduct fouls. What is the correct enforcement? *

1 point

- A) B1 serves 1-minute releasable, A1 and A2 each serve 30-seconds releasable, and Team A is awarded possession.
- B) B1 serves 1-minute releasable, A1 serves no time, A2 serves 30-seconds releasable, and Team B is awarded possession.
- C) B1 serves 1-minute (with the first 30-seconds nonreleasable), A1 and A2 each serve 30-seconds nonreleasable, and Team A is awarded possession.
- D) B1 serves 1-minute (with the first 30-seconds nonreleasable), A1 serves no time, A2 serves 30-seconds nonreleasable, and Team B is awarded possession.

102. B1 is flagged for unnecessary roughness. A1 throws the ball out of bounds and play stops. During the dead ball, A1, and then A2, commit conduct fouls. What is the correct enforcement? *

1 point

- A) B1 serves 1-minute releasable, A1 and A2 each serve 30-seconds releasable, and Team A is awarded possession.
- B) B1 serves 1-minute releasable, A1 serves no time, A2 serves 30-seconds releasable, and Team B is awarded possession.
- C) B1 serves 1-minute (with the first 30-seconds nonreleasable), A1 and A2 each serve 30-seconds nonreleasable, and Team A is awarded possession.
- D) B1 serves 1-minute (with the first 30-seconds nonreleasable), A1 serves no time, A2 serves 30-seconds nonreleasable, and Team B is awarded possession.

103. B1 is flagged for a slash, then A2 interferes with B2 and play is stopped. What is the correct ruling? *

1 point

- A) Player B1 serves 1-minute releasable, A2 serves 30-seconds releasable, and Team A retains possession.
- B) Player B1 serves 1-minute releasable, A2 serves no penalty time, and Team A retains possession.
- C) Player B1 serves 1-minute with the first 30-seconds nonreleasable, A2 serves 30-seconds nonreleasable, and Team A retains possession.
- D) Player B1 serves 1-minute with the first 30-seconds nonreleasable, A2 serves 30-seconds nonreleasable, and Team B is awarded possession.

104. Which of the following results in a flag down, slow-whistle? Select all that apply. *

1 point

- A) Player A1 has possession and is cross-checked by B1.
- B) The ball is loose and B1 withholds the ball from play.
- C) Goalkeeper B1 has possession in the crease and A1 interferes with him.
- D) Player B1 has possession outside the crease and A1 runs through the crease during the ride.
- E) While the ball is loose, player B1 slashes A1.

105. Team A has the ball in their goal area. B1 is flagged for a slash. Which of the following conditions ends the slow whistle situation? *

1 point

- A) The player in possession of the ball moves outside the attack area.
- B) Player A1 passes and the ball hits the ground.
- C) Second foul by Team B.
- D) Player A3 is behind the goal and catches a missed shot.
- E) Player A2 commits a technical foul.

106. There is a flag down on Team B. During the slow-whistle the officials judge that Team A is stalling. Which of the following are correct under the new rules for a flag down, slow-whistle in a stalling situation? Select all that apply. *

1 point

- A) After a "Get it in" command and Team A fails to bring the ball into the box within 10-seconds. Immediate whistle, assess the flag on Team B.
- B) After a "Get it in" command and Team A fails to bring the ball into the box within 10-seconds. Allow flag down, slow-whistle to continue.
- C) After a "Keep it in" command and Team A brings the ball outside the box. Immediate whistle, assess the flag on Team B.
- D) After a "Keep it in" command and Team A brings the ball outside the box. Allow flag down, slow-whistle to continue.

107. Which of the following situations results in a "Play-On"? Select all that apply *

1 point

- A) Goalkeeper interference by A1 when Goalkeeper B1 has possession in his crease.
- B) While Team B has possession outside the crease, A1 runs through the crease during the ride.
- C) During a loose ball, A1 steps offside.
- D) During a loose ball, B1 pushes A1 in the back.
- E) While the ball is loose, B1 slashes A4.

108. A1 bats the ball into the goal with his crosse. Which is the correct ruling? *

1 point

- A) No goal, award possession to Team B.
- B) Goal is good.
- C) No goal, award possession to Team A outside the attack area.
- D) No goal, penalize A1 1-minute for unsportsmanlike conduct.

109. A player shall not participate while wearing illegal equipment, such as jewelry. Which of the following is NOT considered jewelry? *

1 point

- A) Necklace under the jersey.
- B) Visible medical alert medals taped to the body.
- C) Religious medals worn under the uniform and taped to the body.
- D) Both (B) and (C).

110. Where are spectators and media (including photographers) NOT permitted? *

1 point

- A) Behind the end lines (unless permanent seating exists).
- B) Immediately behind the benches or table area.
- C) Inside the limit lines.
- D) All of the above.

111. Upon arrival to the field, the officials note that the field dimensions are incorrect. The proper procedure is to give the home coach a reasonable amount of time to correct the field; if he does not, then: *

1 point

- A) Penalize 1-minute nonreleasable and award the ball to the visiting team.
- B) Penalize 3-minute nonreleasable and award the ball to the visiting team.
- C) Play the game and notify the assigning authority of the problem provided the game can be played safely.
- D) Game cannot be played, notify the assigning authority of the problem.

112. Team A has possession, and it is discovered that B1 is not wearing shoulder pads. What penalty should be applied? *

1 point

- A) B1 serves a 1-minute releasable foul.
- B) B1 serves a 1-minute nonreleasable foul.
- C) B1 serves a 3-minute nonreleasable foul.
- D) B1 serves 30-second technical foul.

113. Player A1 has possession when the official notices that defender B1 is not wearing a mouthpiece and is actively participating in the play. The official knows that the mouthpiece did not come out as a result of play. What is the correct procedure? *

1 point

- A) Allow play to continue if the situation does not appear dangerous and then tell player B1 to get his mouthpiece in immediately.
- B) Technical foul. Flag-down, slow-whistle. Allow the free play to continue until play must be suspended. Then enforce the penalty against B1.
- C) Technical foul. Immediate whistle. B1 serves 30-seconds.
- D) Personal foul. Immediate whistle. B1 serves 1-minute nonreleasable.

114. The designated "In-Home" player: *

1 point

- A) Must stand in the pre-game lineup.
- B) Will serve all penalties assessed against the goalkeeper.
- C) Must be a starter in the game.
- D) Both (A) and (C).

115. It is the home team's responsibility to supply balls for play. At a minimum, how many balls are required at the start of each quarter, and where should they be located? *

1 point

- A) There is no requirement for the home team to supply balls.
- B) Four balls on each end line, four balls on the sideline opposite of the bench and four balls at the scorer's table.
- C. Five balls on each end line, five balls one the sideline opposite of the bench and five balls at the scorer's table.
- D) Six balls on each end line, five balls one the sideline opposite of the bench and four balls at the scorer's table.

116. Goalkeeper B1 is within his crease when a shot is taken. He catches the ball in his hand and immediately drops it into his crease. What is the correct ruling? *

1 point

- A) No call; legal play.
- B) Illegal touching of the ball; ball awarded to Team A outside the box, laterally from goal.
- C) Unsportsmanlike conduct.
- D) Illegal touching of the ball, ball awarded to Team A at midfield.

117. What is true about a substitution? *

1 point

- A) It may take place without the necessity of waiting for suspension of play by an official.
- B) The player leaving the field must exit via the table area or bench area.
- C) The player coming on the field must be properly equipped.
- D) All of the above.

118. B1 slashes A1, flag down slow whistle. Team A scores. Immediately after the whistle, officials realize A2 was offside. Which of the following occur? *

1 point

- A) Goal is disallowed. B1 serves one-minute penalty. Ball is awarded to Team A.
- B) Goal is disallowed. Simultaneous fouls. B1 serves one-minute and A2 serves thirty-seconds. Ball is awarded to Team A.
- C) Goal is allowed. Simultaneous fouls. B1 serves one-minute and A2 serves thirty-seconds. Ball is awarded to Team A.
- D) Goal is allowed. B1 serves one-minute penalty. Ball is awarded to Team A.

119. A1 shoots, as he follows through, the head of his crosse flies off and the ball goes into the goal. What is the correct ruling? *

1 point

- A) Goal counts; faceoff.
- B) Goal counts; Team B gets ball at center.
- C) No goal, Team B gets ball.
- D) No goal, award ball alternate possession.

120. A multiple minute, nonreleasable penalty (or ejection if excessively violent) should be called on which of the following fouls: *

1 point

- A) A player initiates contact to an opponent's head or neck with a cross-check or with any part of his body, including follow-through to the head or neck.
- B) A player delivers an excessive, violent or uncontrolled slash to the head/neck.
- C) A player, including an offensive player in possession of the ball, blocks an opponent with the head or initiates contact with the head (known as spearing).
- D) All of the above.

121. Defenseman B1 initiates violent contact with A1's helmet using his own helmet. Which of the following is a possible penalty for this? *

1 point

- A) Flag down, personal foul; B1 serves 2 or 3 minutes nonreleasable.
- B) An excessively violent violation of this rule may result in an ejection.
- C) Flag down, personal foul; B1 serves 2 minutes releasable.
- D) Both (A) and (C)

122. If a crosse does not conform to required specifications, the proper penalty is: *

1 point

- A) Any and all crosse violations result in a 3-minute nonreleasable penalty and the crosse will remain in the table area for the remainder of the game.
- B) A deep pocket results in a 3-minute nonreleasable penalty and the crosse will be held at the table for the remainder of the game.
- C) Any crosse violation, except a deep pocket, will result in a 3-minute releasable penalty and the crosse may return to the game once the problem is corrected.
- D) Any crosse violation, except a deep pocket, hanging strings or missing end cap, will result in a 3-minute nonreleasable penalty and the crosse will remain in the table area for the remainder of the game.

123. During an equipment inspection on A1, officials find a crosse that measures 6 inches across the top of the head and the pocket is too deep. What is the correct ruling? *

1 point

- A) A1 serves 30-second technical foul and the crosse is not allowed back in the game.
- B) A1 serves 1-minute nonreleasable and the crosse is allowed back in the game.
- C) A1 serves 3 nonreleasable minutes and the crosse is not allowed back in the game and must remain at the scorer's table until the game is completed.
- D) A1 serves 4 releasable minutes and the crosse is allowed back in the game.

124. Except at halftime, when may a coach or assistant coach enter the table area? *

1 point

- A) A coach or assistant coach always has full access to the table area.
- B) During a dead ball, only to make an inquiry with the table staff or for a legal stick exchange with a player in the opposite side of the field from that team's bench.
- C) During live action, only for a legal stick exchange with a player in the opposite side of the field from that team's bench.
- D) Both (B) and (C).

125. During play, A1 has possession and is looking to pass the ball to A2 in front of the crease. Before the pass can be made, B1 checks A2's stick out of his hands while the ball is more than five yards away. What is the proper ruling? *

1 point

- A) Immediate whistle. Award ball to Team A twenty yards laterally from the goal.
- B) Immediate whistle. Penalize B2 for unnecessary roughness.
- C) Flag down, slow whistle. Penalize B1 for interference.
- D) Flag down, slow whistle. Penalize A2 for illegal offensive screening.

126. If a team has four or more players with time-serving penalties at the same time, which of the following is incorrect? *

1 point

- A) No more than three players can be in the penalty area serving penalty time at once.
- B) The penalty time for the fourth and all additional players will not start until one of the first three penalties ends.
- C) If a goal is scored, all four players may immediately return to the game.
- D) All of the above.

127. Defender B1 commits a slashing foul. Flag-down. A shot is taken that goes out of bounds over the end line directly behind the goal. After the whistle, B2 and A1 commit simultaneous dead ball unsportsmanlike conduct fouls. What is the proper restart position? *

1 point

- A) At the end line directly behind the goal.
- B) Laterally outside the goal area.
- C) Anywhere outside the goal area.
- D) Midfield on Team B's offensive half of the field.

128. After the faceoff but before possession has been gained, player A1 commits a personal foul. What is the correct procedure? *

1 point

- A) Flag down, slow whistle.
- B) No flag. Play-on.
- C) Immediate whistle. Reface the ball.
- D) Immediate whistle. Enforce the penalty. Award ball to Team B.

129. A1 has possession of the ball and is slashed by B1. During the flag down, A2 interferes with B2. The official blows the play dead. What is the ruling?

1 point

- A) B1 serves 1 minute releasable; A2 serves 30 seconds releasable; and Team A retains possession.
- B) B1 serves 1 minute with the first 30 seconds nonreleasable; A2 serves 30 seconds nonreleasable; and Team B is awarded possession.
- C) B1 serves 1 minute with the first 30 seconds nonreleasable; A2 serves 30 seconds nonreleasable; and Team A retains possession.
- D) B1 serves a one-minute personal foul; A2 serves no penalty; Team A retains possession.

130. For a crosse to be legal, how many sidewall strings on each side are allowed?

1 point

- A) One
- B) Two
- C) Three
- D) Zero