

## 2019 MAYLA Fall Boys Rules

**2019 Rules for Boys Youth Lacrosse:** The National Federation of State High School Associations (NFHS) 2019 Boys Lacrosse Rules Book shall govern MAYLA Lacrosse boys youth play, except as amended below.

**Format of the following Section:** All divisions will follow NFHS Boys Lacrosse Rules with the following modifications:

<b>Rules</b>	<b>U10 (2&amp;3 Grade)</b>	<b>Notes</b>
<b>Field Size</b>	60 x 35	Wing Lines are optional
<b>Official</b>	1 Official	Adult Preferred
<b>Coaches</b>	One coach from each team is allowed on the field (not permitted beyond 10 yards into the field) Max of 3 additional coaches on the sideline	
<b>Legal Sticks</b>	37" to 42"	NA
<b>Goalie Arm Pads</b>	Required	NA
<b>Goalie</b>	<p style="text-align: center;"><i>Goalie cannot leave the crease to double team the ball carrier</i>  <i>The goalie can leave the crease to contest a pass or chase a shot</i>  <i>The goalie is allowed to clear the ball like a field player, but is NOT allowed to shoot or score a goal</i></p> <p style="text-align: center;"><b>****It is illegal procedure if the goalie violates any of these rules****</b></p>	
<b>Overtime Rules</b>	Game ends in tie	NA
<b>Timing Rules</b>	12 Minute Running Quarters	Clock stops @ 8 & 4 Minutes for Subs <b>**See Below**</b>
	**The official will let the play continue if team with possession is hot (2 Rule Pass)**	
	**If the ball is loose the play continues until once team gains position, then the play will be stopped	
<b>2 Pass Rule</b>	MAYLA U9 Games, required two complete passes in the offensive Half of the field <ul style="list-style-type: none"> <li>● If Player A1 makes a pass, the pass hits the ground, Player A2 drops the pass and picks it up prior to any other player touching the ball - the play is STILL HOT</li> <li>● The shot count is reset only when the defense gains possession of the ball, a goal is scored or the goalie defends a shot (See below for clarification)</li> </ul>	
<b>1-Handed Checks</b>	Slash	NA
<b>Counts (10 &amp; 20 sec)</b>	No	NA
<b>Keep it in</b>	No	No
<b>Stalling</b>	Advance the ball / 5-second count	NA
<b>Time-outs</b>	1, per half	Clock Stops (60 Second Timeouts)
<b>Body Checking</b>	No	NA
<b>Mercy Rule</b>	Yes, 6 Goals	Losing Coach Option
<b>Goalie Penalties</b>	Yes	The in-house player can serve time for a goalie penalty
<b>Fouling out</b>	3 personal fouls OR 5 min of penalty time	NA

Officials will meet with both coaches 10 minutes prior to contest for the coaches' certification & to review the MAYLA Game Day Preface: (Please visit <http://www.metroatlantalax.com/> for the most up to date copy)

### Other Information:

- Sportsmanship: The Officials and/or the Head Coach will make sure to work with sideline manager (or head coach) if parent(s) loses control
- Penalties: No time serving penalties. Explain the error to offending player and replace them on the field
- Players: 2 attack, 2 defense, 2 middies, 1 goalie
- Face-off: Only 1 wing middle and they have to be on opposite sides
- There is no over and back

### Shot on Goal Situations:

Player 1 is hot and shoots the ball.

- Player hits the pipe on the goal or another player, the ball goes out of bound. In all of these situations if the ball doesn't hit the goalie, then the play is STILL HOT
- If the goalie makes the save (or the ball hits the goalie), the play is NO LONGER HOT and the pass count is reset

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**Format of the following Section:** All divisions will follow NFHS Boys Lacrosse Rules with the following modifications:

Rules	U12 (4&5 Grade)	U14 Jr (5&6 Grade)	U14 Sr (7&8 Grade)
<b>Field Size</b>	NFHS		
<b>Officials</b>	2 Officials		
<b>Legal Sticks</b>	37" to 42" – short 47" to 54" - long	NFHS	
<b>Goalie Arm Pads</b>	Required	Optional	Optional
<b>Overtime Rules</b>	Game Ends in Tie		
<b>Timing Rules</b>	12 Minute Running Quarters		
<b>1-Handed Checks</b>	Slash		
<b>Counts (10 &amp; 20 sec)</b>	No	Yes, NFHS	
<b>Keep it in</b>	No	Yes, NFHS Only if goal differential is 4 goals or less	
<b>Stalling</b>	Advance the ball / 5-second count	Yes, NFHS**	
<b>Time-outs</b>	1, per half (Clock Stops, time-outs only last up to 60 seconds)		
<b>Body Checking</b>	No	Limited	
<b>Mercy Rule</b>	6 Goals	No	
<b>Goalie Penalties can in-home serve</b>	Yes		
<b>Fouling out</b>	3 personal fouls OR 5 min of penalty time		

Officials will meet with both coaches 10 minutes prior to contest for the coaches' certification & to review the MAYLA Game Day Preface: (Please visit <http://www.metroatlantalax.com/> for the most up to date copy)

Points of Emphasis:

- Sportsmanship: make sure to work with sideline manager (or head coach) if parents get out of control
- Violent Collisions: Especially defenseless players and excessive body-checks
- 3 yard rule for checking with cross instead of 5 yards (rule 4, section 15, NFHS book)

2019 Rule Changes Information:

- "Targeting" body checks will result in a 3-minute non-releasable penalty and possible ejection from the game
- Holding with the portion of the Crosse which is between your hands is now legal
- Clarification that it is **illegal** for the offensive player to Ward Off their opponent by using their body to create separation when making **contact** to a **defensive player BODY**. It is **legal** for a player with the ball with two hands on their Crosse to **contact the Crosse or the glove hand of the defensive player**
- In regards to Over & Back: A defensive player may reach over the center line with his Crosse and bat the ball to keep it in his team's offensive half and thus prevent an over-and-back violation. However, he may NOT reach over the center line and bat the ball with his foot of any other part of his body excluding his gloved hand wrapped around his Crosse. If he does so, it shall be turnover. Possession has to be established in the offensive box for Over & Back to be called
- If there is a Flag Down and the Whistle hasn't blown yet, the offensive team can leave the offensive box to run their offensive even after they satisfy the 20/10 second counts. Also the ball hitting the ground doesn't stop play either. A second flag down with the ball being loose will result in a whistle to stop play.

Previous Rule Changes & Rule Emphasis:

- Mouthpiece violation is a technical foul
- A shot is considered a ball propelled toward the goal by an offensive player with the intent of scoring a goal. A shot can only be made when the ball is parallel to or above the goal line extended. Additionally, it can be either thrown from a Crosse, kicked, or otherwise physically directed
- A goal is good if the shot is released before the clock turns 0 and the shot may hit the ground and/or a defensive player, again it still counts
- If a stall warning is issued (and not under 2 minutes with less than four goals differential) and there is a shot, which the goalie saves or hit the pipe of the goal will end the stall warning
- A restart can start within the defensive box when the defensive gains position after a whistle. A goalie can restart in the goalie crease, must make sure 5 yards are allowed
- Face Off Procedure, which includes: A violation will be called if a player picks up and carries the ball on the back of his stick. It is legal to clamp the ball with the back of the stick, but it must be moved within one step. Unlike High School, sub-High School games don't require 6" of tape for the face-off players.