



## 2020 NFHS Boys' Rules Exam

**1. A1 bats the ball into the goal with his crosse. Which is the correct ruling?**

- A. Goal is good.
- B. No goal, penalize A1 1-minute for unsportsmanlike conduct.
- C. No goal, award possession to Team B.
- D. No goal, award possession to Team A outside the attack area.

**2. A player shall not participate while wearing illegal equipment, such as jewelry. Which of the following is NOT considered jewelry?**

- A. Visible medical alert medals taped to the body.
- B. Religious medals worn under the uniform and taped to the body.
- C. Body piercings to the skin.
- D. Both (a) and (b)

**3. The home team is responsible for providing:**

- A. A scorebook, timing device, and horn.
- B. A scorebook and timing device, but not a horn.
- C. A scoreboard.
- D. A scorebook, horn and medical staff.

**4. What is the penalty for the home team if their field does not have a clearly marked center line?**

- A. Illegal Procedure; possession of the ball goes to the visiting team to begin the contest.
- B. The home team is assessed a 3-minute non-releasable foul to begin the contest.
- C. The visiting team receives an additional timeout.
- D. No penalty.

**5. Immediately after a goal the officials notice that the ball being used does not have the label "Meets NOCSAE Standard." How should the game proceed?**

- A. The goal is disallowed. The ball is removed and the game continues with a properly marked ball awarded to the opposing team.
- B. If scored by the home team, the goal is disallowed. If scored by the visiting team, the goal stands. The ball is removed and the game continues with a properly marked ball.
- C. The goal counts. The ball is removed and the game continues with a properly marked ball.
- D. The goal is disallowed. The home team's In-Home serves a 3-minute non-releasable penalty.

**6. Officials randomly inspect A1's crosse. Which of the following would constitute an ILLEGAL crosse?**

- A. The crosse DOES NOT have a ball stop.
- B. The pocket netting is NOT completely attached to the head, leaving gaps large enough for a ball to pass through.
- C. The length of the head, as measured from the front, measures 10 inches.
- D. The head of the crosse measures 6 inches at the widest point.



## 2020 NFHS Boys' Rules Exam

**7. When does the authority of the officials begin and end?**

- A. It begins when the first official arrives in the parking lot and ends when the game is completed.
- B. It begins when the officiating crew enters the field of play and ends 24 hours after the conclusion of the game.
- C. It begins when the officiating crew enters the field of play and ends when the game is completed.
- D. It begins when the officiating crew arrives on the field and ends when they leave the immediate playing facility.

**8. Player A1 has possession when the official notices that defender B1 is not wearing a mouthpiece. The official knows that the mouthpiece did not come out as a result of play. What is the correct procedure?**

- A. Allow play to continue if the situation does not appear dangerous and then tell player B1 to get his mouthpiece in immediately.
- B. Technical foul. Flag-down, slow-whistle. Allow the free play to continue until play must be suspended. Then enforce the penalty against B1.
- C. Technical foul. Immediate whistle. B1 serves 30-seconds.
- D. Personal foul. Immediate whistle. B1 serves 1-minute non-releasable.

**9. During the final two minutes of regulation play, stalling rules will be in effect on the leading team, IF that team is ahead by \_\_\_\_\_ goals or less.**

Fill in the blank, answer can be spelled out or numerical in exam.

**10. A1 is serving a penalty. A2 throws a pass and the ball is in flight when the horn sounds to end the quarter. The next period will start with:**

- A. Team A in possession at midfield.
- B. Team A in possession at the same relative position on the field.
- C. A faceoff.
- D. None of the Above

**11. An assistant coach for Team B commits an unsportsmanlike act. The official should call:**

- A. A penalty for unsportsmanlike conduct on Team B's assistant coach who committed the unsportsmanlike act. The in-home serves the penalty.
- B. A penalty for unsportsmanlike conduct on Team B's in-home. The in-home serves the penalty.
- C. A penalty for unsportsmanlike conduct on the head coach. The in-home serves the penalty.
- D. None of the Above

**12. Team A has possession in the 3rd quarter and is warned to "Get it in/Keep it in." What will cause the stall warning to end? (Check all that apply)**

- A. A goal is scored.
- B. A shot is taken with the shooter's crosse above Goal Line Extended, that hits the goalkeeper, the goalkeeper's equipment, or the goal pipes.
- C. The defensive team gains possession of the ball.
- D. A shot from below Goal Line Extended that hits a pipe.



## 2020 NFHS Boys' Rules Exam

**13. The defending team commits a violation while the ball is loose in the goal area. How will play restart?**

- A. Award possession to the offensive team and restart play at the spot of the foul.
- B. Award possession to the offensive team with the ball starting laterally outside the goal area.
- C. Award possession to the defensive team.
- D. Award possession via alternate possession.

**14. A1 scores the winning goal in sudden victory overtime. Team B's head coach requests an equipment check on A1. What is the correct action to take?**

- A. Check A1's equipment. If legal, the game is over.
- B. Check A1's equipment. If illegal, disallow the goal and award ball to Team B.
- C. The game is over; no equipment check is allowed.
- D. A1 serves 1- to 3- non-releasable minutes of penalty time. Both b and c.

**15. A shot is taken. While the ball is in flight, the horn sounds to end the period. In which of the following situations would a goal be DISALLOWED?**

- A. The ball hits the goalkeeper's body or crosse, and deflects into the goal.
- B. The ball makes contact with any member of the defensive team and deflects into the goal.
- C. The ball hits the ground and then bounces into the goal.
- D. The ball makes contact with any member of the offensive team and deflects into the goal.

**16. B1 shoots. While the ball is within 5 yards of B2, A1 LEGALLY checks B2 into the crease. B2 touches the crease, and then the ball enters the goal. What is the correct call?**

- A. Legal check by A1; goal counts.
- B. Flag down for illegal body-check on A1; crease violation on B2; no goal.
- C. Legal check by A1; crease violation on B2; no goal, ball awarded to Team A goalie in the crease.
- D. Legal check by A1; crease violation on B2; no goal; ball awarded to Team A at Center X.

**17. A1 shoots, as he follows through the head of his crosse flies off and the ball goes into the goal. What is the correct ruling?**

- A. No Goal, and Team B gets the ball. They have the option to restart in the crease or outside the goal area.
- B. Goal counts, faceoff.
- C. Goal counts, Team B gets ball at midfield.
- D. No goal, award ball alternate possession.

**18. Team B successfully advanced the ball into their attack goal area; the ball becomes loose and bounces toward the midfield line. What actions can defender on Team B, standing in his defensive half, LEGALLY take to keep the ball on his team's offensive**

- A. Extend his crosse over the center line, gain possession of the ball, and flip it to a teammate.
- B. Wait for the ball to cross over the center line, and then bat the ball into his offensive half with his gloved hand.
- C. Extend his foot over the center line and kick the ball.
- D. Extend his crosse over the center line and bat the ball (no possession).



## 2020 NFHS Boys' Rules Exam

**19. A timeout is called because player A1 is exhibiting concussion like symptom. Who is responsible for the timeout?**

- A. Team A, because their player is injured.
- B. Team B because they caused the injury.
- C. Officials, this is an injury timeout.
- D. None of the above.

**20. Goalkeeper B1 is within his crease when a shot is taken. He catches the ball in his hand and immediately drops it into his crease. What is the correct ruling?**

- A. Illegal procedure: illegal touching of the ball.
- B. No call; legal play.
- C. Unsportsmanlike Conduct 2 min non-releasable
- D. None of the Above

**21. An official may suspend play at his discretion for an injured player. The injured player must leave the field. When may the player return to the game?**

- A. As soon as the coach says he is able to return to the field of play.
- B. Immediately after play has resumed.
- C. After the next dead ball following the resumption of play.
- D. Once he is evaluated by professional medical staff and has written clearance to play.

**22. In which of the following cases would a goal be disallowed?**

- A. After the goal, and before play has restarted, it is discovered that the crosse used to score the goal did not have a ball stop.
- B. The official recognizes a request for a timeout from the head coach of the team in possession just before the shot.
- C. After the ball enters the goal, the scoring player steps into the crease.
- D. After a goal is scored and before play is restarted, it is discovered the defense had too few players on the field.

**23. What is true about a substitution?**

- A. The players leaving the field must exit via the substitution area.
- B. The player coming on the field must be properly equipped.
- C. It may take place without the necessity of waiting for suspension of play by an official.
- D. All of the above.

**24. Where may coaches be during a timeout?**

- A. On the field of play.
- B. In the table area.
- C. In their team's coaches area.
- D. Any of the above, as long as players and coaches do not interfere with the opposing team.



## 2020 NFHS Boys' Rules Exam

**25. A1 is in the penalty box serving a penalty. Team A has possession of the ball in their offensive half of the field and as the penalty expires player A2 who is on the defensive half of the field crosses the center line after A1 enter the offensive half**

- A. Flag Down, immediate whistle and team B gets the ball.
- B. No. Once the penalty was noticed by officials they should stop the game and award the ball to team B. A1 may reenter the game once play resumes.
- C. Flag Down, immediate whistle. A2 serves a 30 second technical foul.
- D. Flag Down, immediate whistle. A1 and A2 both serve 30 second technical fouls.

**26. For all restarts players should be 5 yards or more away from the player in possession of the ball. Play may be restarted when a defensive player is less then 5 yards away from the player in possession of the ball if the defensive player:**

- A. Allows the player in possession of the ball a direct path to the goal.
- B. Does not defend the player in possession of the ball until the player reaches a distance of 5 yards from the defending player.
- C. Both a and b
- D. None of the Above

**27. On a restart and within 5 yards, A1 raises his stick and deflects B1's pass. What is the call?**

- A. Legal play
- B. Personal foul. Unsportsmanlike Conduct A1.
- C. Technical Foul. Delay of game on A1.
- D. Technical Foul. Delay of game on B1.

**28. A1 steps aside to allow B1 a path to the goal. Purposefully B1 veers into A1 and initiates contact. What is the call?**

- A. No violation, stop the play and restart play again, with all players 5 yards from the ball.
- B. Unnecessary Roughness on B1 if contact is deemed excessive or actions deliberate.
- C. Technical Foul. Delay of game on A1.
- D. Technical Foul. Delay of game on B1.

**29. A1, an attackman, is called for a crease violation. B1, the goalkeeper, has possession of the ball in the crease and play is restarted with A1 less than 5 yards from B1. B1 releases the ball, and then after the ball is out of his crosse, the natural**

- A. Immediate whistle. Penalty for delay of game on B1, 30 seconds. Restart at center X.
- B. Immediate whistle. Penalty for delay of game on B1, 30 seconds. Second flag down on for interference, another 30 second penalty on B1.
- C. Play on, allow A1's team chance to clear the ball. If they do, allow play to continue and enforce GOODIES. Then enforce 30 second delay of game on B1.
- D. Flag down slow whistle for delay of game for A1 not giving 5 yards on the restart.



## 2020 NFHS Boys' Rules Exam

**30. Any player who exhibits signs or symptoms of a concussion shall be:**

- A. Allowed to stay in the game.
- B. Removed from the game for one whistle.
- C. Removed from the game and cannot return until cleared by a head coach.
- D. Removed from the game and cannot return until cleared by a health-care professional.

**31. A1 has possession of the ball and is slashed by B1. During the flag down, A2 interferes with B2. The official blows the play dead. What is the ruling?**

- A. Simultaneous Fouls. B1 serves 1 minute, A2 serves 30 seconds. The common penalty time is non-releasable. Team B is awarded possession.
- B. Simultaneous Fouls. B1 serves 1 minute releasable; A2 serves 30 seconds releasable. Team A retains possession.
- C. NOT Simultaneous. B1 serves a one-minute personal foul; A2 serves no time. Team A retains possession.
- D. Simultaneous Fouls. B1 serves 1 minute, A2 serves 30 seconds. The common penalty time is non-releasable. Team A is awarded possession.

**32. If a crosse does not conform to required specifications, the proper penalty is:**

- A. Two minute non-releasable; crosse may return to game.
- B. Two minute non-releasable: cross may not return to the game.
- C. Any and all crosse violations result in a 3-minute non-releasable penalty and the crosse will remain in the table area for the remainder of the game.
- D. Any crosse violation, except a deep pocket, hanging strings or missing end cap, will result in a 3-minute non-releasable penalty and the crosse will remain in the table area for the remainder of the game.

**33. During an equipment inspection on A1, officials find a crosse that measures 6 inches across the top of the head and the pocket is too deep. What is the correct ruling?**

- A. Any and all crosse violations result in a 3-minute non-releasable penalty and the crosse will remain in the table area for the remainder of the game.
- B. A two minute non-releasable penalty shall be served; crosse may be returned to the game.
- C. Two minute non-releasable: crosse may not return to the game.
- D. Any crosse violation, except a deep pocket, hanging strings or missing end cap, will result in a 3-minute non-releasable penalty and the crosse will remain in the table area for the remainder of the game.

**34. The striking of an opponent on the neck or head by the crosse of an opponent is called "slashing," except when committed by the player in the act of:**

- A. Passing.
- B. Shooting.
- C. Attempting to scoop.
- D. All of the above.



## 2020 NFHS Boys' Rules Exam

**35. Select the situations that result in a whistle to END play during a flag-down situation. (Check all that apply)**

- A. Offense takes the ball out of the box.
- B. Ball hits the ground (not a shot).
- C. Offense commits a penalty.
- D. Second defensive foul (NOT during an imminent scoring opportunity)

**36. A coach is on the field and obstructs play. What is the correct call?**

- A. Warn the coach to get behind the side line.
- B. Conduct foul, turnover.
- C. Conduct foul, 30-second penalty.
- D. 1-, 2-, or 3-minute releasable, unsportsmanlike conduct penalty.

**37. What should be done if there is an inadvertent whistle? (Check all that apply)**

- A. Award the ball to the team that lost the most recent faceoff.
- B. Award the ball to the team with possession or entitled to possession when the whistle was blown.
- C. Award the ball by alternate possession if no team had possession or was entitled to possession when the whistle was blown.
- D. Award the ball to the player closest to the ball when the whistle is blown.

**38. A1's crosse is dropped or checked out of his hands. His crosse lands on the ground with the ball in, or underneath, the head. Which of the following is the correct call?**

- A. Immediate whistle, award ball to Team B.
- B. B1 may kick A1's crosse to try to get the ball out.
- C. A2 may flip A1's crosse with his crosse to try to get the ball out.
- D. If A1 picks up his crosse with the ball in it, then play continues.

**39. What conditions must be met for a successful restart: (Check all that apply)**

- A. All offensive players 5 yards or more away from the player in possession of the ball, before the whistle.
- B. Defensive player within 5 yards of the player in possession of the ball allows that player a direct path to the goal.
- C. Defensive player does not defend player in possession of the ball until they reach 5 yards distance.
- D. All players, except offense, must be 5 yards away from player in possession of the ball.

**40. During the game, an official asks a player for his crosse so the official can check it. Before the player hands the crosse to the official, he jams the mesh. What is the correct ruling?**

- A. Two minute non-releasable penalty for illegal crosse. Stick given back to the player.
- B. One minute non-releasable for unsportsmanlike conduct. If the player who adjusted the stick just scored a goal it is disallowed. Crosse is then inspected and additional two minute non-releasable if a violation is found.
- C. Two minute non-releasable unsportsmanlike conduct penalty. Stick given back to the player.
- D. Two minute non-releasable for unsportsmanlike conduct. If the player who adjusted the stick just scored a goal, it is disallowed. No further check required.



## 2020 NFHS Boys' Rules Exam

**41. B1 takes a shot on goal and goalkeeper A1 makes a save. A1 runs out of the crease with possession of the ball and loses possession of the ball around the midfield area. There is a loose ball violation committed by Team A, What is the proper procedur**

- A. Hold restart for up to five seconds to allow goalie to re-enter goal-crease.
- B. Immediate quick restart.
- C. Allow goalie to return to the goal-crease before restarting play.

**42. Which of the following would result in a play-on?**

- A. Goalkeeper interference by A1 when goalkeeper B1 has possession in the crease.
- B. During a loose ball, A1 pushes B1 in the back.
- C. During a loose ball, A1 steps offside.
- D. All of the above.

**43. During a game, when may a coach legally enter the field of play without the permission of an official?**

- A. To tend to an injured player.
- B. To warm-up a goalkeeper.
- C. At halftime.
- D. All of the above.

**44. If a team has four or more players with time-serving penalties at the same time, which of the following is incorrect?**

- A. No more than three players can be in the penalty area serving penalty time at once.
- B. The penalty time for the fourth and all additional players will not start until one of the first three penalties ends.
- C. If a goal is scored, all four or more players may immediately return to the game.
- D. All of the above.

**45. During play, B1 slashes A1, flag down. A1 throws the ball out of bounds and the whistle blows to stop play. During the dead ball, A1 and then A2 commit conduct fouls. The correct enforcement is:**

- A. B1 serves 1 minute (with the first 30 seconds non-releasable), A1 serves no time, A2 serves 30 seconds non-releasable, and Team B is awarded possession.
- B. B1 serves 1 minute releasable, A1 and A2 each serve 30 seconds releasable, and Team A is awarded possession.
- C. B1 serves 1 minute. A1 and A2 each serve 30 second fouls, and Team B is awarded possession
- D. B1 serves 1 minute releasable, A1 serves no time, A2 serves 30 seconds releasable, and Team B is awarded possession.

**46. Goalkeeper A1 is flagged for a penalty. What is the correct procedure?**

- A. The in-home serves the penalty.
- B. The in-home serves the penalty if the flag is for a technical foul, and A1 serves if the flag is for a personal foul.
- C. A1 serves if the flag is for an unsportsmanlike conduct foul; otherwise, the in-home serves the penalty.
- D. A1 serves the penalty.





## 2020 NFHS Boys' Rules Exam

**47. On a faceoff a player may:**

- A. Clamp then move the ball from the back of his crosse within one step.
- B. Clamp and continue to play with the ball in the back of his stick until he passes to his teammate behind the goal.
- C. Clamping is illegal and should be whistled as a faceoff violation.
- D. Clamp then move the ball from the back of his crosse within three steps.

**48. A2 shoots on goal, the ball is loose in the crease when the official blows the whistle, thinking that a goal was scored. The correct ruling is:**

- A. Stop play, use alternate possession.
- B. Stop play, award ball to the defensive team.
- C. Stop play, award the ball back to the attacking team.
- D. None of the above.

**49. A player is considered to have fouled out of the game and not considered ejected in which situation(s)?**

- A. A player who accumulates 5 fouls.
- B. A player who receives a second, non-releasable, unsportsmanlike conduct foul.
- C. A player who accumulates 5 minutes of personal fouls.
- D. Both (a) and (c)

**50. Which of the following would result in a 1 to 3 minute releasable foul? (Check all that apply)**

- A. Throwing the crosse at a ball, another player or other game personal.
- B. Be a coach on the field who obstructs play.
- C. Repeatedly commit the same technical foul.
- D. As a substitute deliberately fail to comply with rules for entering the field of play.